



Illness & Infection Control Policy

Designated Safeguarding Leads (DSL): Zara Bouait & Nick Komey
Club Emergency Contact Number: 07555 539376
Emergency Backup (Westminster MASH): 020 7641 4000
Last Reviewed: May 2026 | Next Review: September 2026

Purpose & Scope

Kids Adventure Days is committed to providing a clean, hygienic, and healthy environment for children and staff. This policy outlines how we manage illnesses, prevent the spread of infection, and handle medical incidents on-site. We follow guidelines set by the UK Health Security Agency (UKHSA).

Exclusion Periods for Common Illnesses

To protect the wider club community, children and staff must not attend the club if they are unwell. The following mandatory exclusion periods apply:

Vomiting and Diarrhoea: Must remain at home until a full 48 hours have passed since their last episode of sickness or diarrhoea.

High Temperature / Fever: Must not attend until the fever has completely subsided without the use of medication and they are well enough to participate in physical play.

Chickenpox: Excluded until all blisters have fully crusted over (usually 5 days from the onset of the rash).

Impetigo: Excluded until lesions are crusted/healed, or until 48 hours after starting antibiotic treatment.

Head Lice: Children do not need to be excluded, but parents will be notified quietly at handover so they can treat the condition.

Procedure for a Child Becoming Unwell On-Site

If a child becomes sick during an after-school or holiday club session:

Isolation & Comfort: The child will be quietly escorted away from the main group to a designated "quiet area" to rest. They will be supervised by a staff member at all times.

Parent Notification: Staff will immediately call the primary parent/carer to request collection. If unreachable within 15 minutes, emergency contacts will be called in order.

Monitoring: Temperature and symptoms will be logged. If a child's condition deteriorates rapidly, staff will follow emergency procedures and call 999.

Infectious Disease Outbreaks

Tracking: The Club maintains a confidential register of infectious diseases to monitor any localised spikes.

Statutory Notification: In accordance with health regulations, the DSL will notify Ofsted and the local UKHSA Health Protection Team within 14 days if there is an outbreak of a notifiable disease (e.g., Measles, Scarlet Fever, or Whooping Cough) at the setting.

Hygiene and Infection Control Measures

Handwashing: Mandatory for all staff and children upon arrival, before handling food or snacks, and after using the toilet.

Surface Sanitisation: Toys, kitchen tools used in cookery classes, and tables are cleaned and disinfected daily using food-safe antibacterial sprays.

Bodily Fluids: Staff must wear disposable aprons and gloves when handling any bodily fluids (vomit, blood, or urine). Waste is securely double-bagged and disposed of in designated bins.

External Regulatory Support Contacts

UKHSA London Health Protection Team: 020 3837 7084

NHS Medical Advice Line (Non-Emergency): 111

Ofsted Incident Reporting Helpline: 0300 123 1231